

**Workshop:** 'OMTF Obesity for Obesity Treatment'

**Time:** 08:30 - 12.30

**Programme:**

<b>08:30 – 09:00</b>	The patient perspective. <b>Vicki Mooney</b> ( <i>Lanzarote, Spain</i> )
<b>09:00 – 09:30</b>	Obesity for internists. What we need to know? <b>Rachel Batterham</b> ( <i>London, UK</i> )
<b>09:30 – 10:00</b>	Nutritional tools for weight loss and maintenance. <b>Maria Hassapidou</b> ( <i>Thessaloniki, Greece</i> )
<b>10:00 – 10:30</b>	Physical activity tools for weight loss and maintenance. <b>Dimitri Kiortsis</b> ( <i>Ioannina, Greece</i> )
<b>10:50 – 11:00</b>	<b>Break</b>
<b>11:00 – 11:30</b>	Psychosocial tools for weight loss and maintenance. <b>Amy Ahern</b> ( <i>Cambridge, UK</i> )
<b>11:30 – 12:00</b>	Pharmacotherapy tools for weight loss and maintenance. <b>Alex Miras</b> ( <i>Belfast, UK</i> )
<b>12:00 – 12:30</b>	Metabolic Surgery for the internist. What we need to know? <b>Alexander Kokkinos</b> ( <i>Athens, Greece</i> )